

General Information Monday to Sunday

ACTIVITIES HELD IN
THE CRÈCHE AREA
18 MONTHS TO 7YRS OLD

09:30 TO 11:00

11:15 TO 12:45

14:00 TO 15:30

MAXIMUM CAPACITY: 10 CHILDREN
PER SESSION

**€10.00
PER SESSION**

**€18.00
HALF DAY*
(MORNING)**

*please note that the half morning sessions are only possible to book according to the availability.

Monday to Sunday

15:45 TO 17:00

8 TO 12 YEARS OLD

**€10.00
PER CHILD**

ALL THE ACTIVITIES NEED TO BE PRE BOOKED 24H IN ADVANCE:

BOOKING SHOULD BE MADE AT THE SPORTS OFFICE BETWEEN 09:00 AND 17:30;

CHILDREN SHOULD BRING THEIR OWN WATER AND SNACKS.

Monday to Saturday
the programme will be as follows:

FOOTBALL:

5:00PM TO 6:30PM

AGES: 4 TO 14YRS

THE COST OF EACH SESSION WILL BE
€10 PER MEMBER
(PAID DIRECTLY TO THE FOOTBALL COACH)

FOOTBALL BOOTS ARE NOT PERMITTED.
MULTI STUDDED TRAINING SHOES ARE OK.

WHERE POSSIBLE CHILDREN WILL BE SPLIT INTO AGE GROUPS FOR SAFETY.



"TENNIS IS EASY":

KIDS TENNIS CLINIC
EVERY TUESDAY & SATURDAY

11:00 TO 11:45

AGES: 4 TO 10 YRS

MINIMUM 4 CHILDREN

**€10.00
PER CHILD**

Kids club



**From 14/07 to 31/08
2025**

Monday Disney day

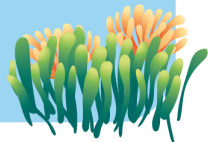
10:00-11:15 | 11:15-12:45

14:00-15:30 (18 MONTHS-7 YRS)

- DISNEY CRAFTS
- DISNEY MEMORY GAMES
- FACE PAINTING
- MUSICAL CHAIRS

15:45-17:00 (8-12 YRS)

- DISNEY FUN (GAMES)
(MAX 10 CHILDREN)



Thursday Sea day

09:30-11:00 | 11:15-12:45

14:00-15:30 (18 MONTHS-7 YRS)

- OCEAN CRAFTS
- MAKING BRACELETS
- HAND PAINTING
- OBSTACLE COURSE

15:45-17:00 (8-12 YRS)

- WATER FUN (FREE OF CHARGE)



Sunday Pirate day

09:30-11:00 | 11:15-12:45

14:00-15:30 (18 MONTHS-7 YRS)

- PIRATE HEAD BANDS & HOOKS
- PIRATE CRAFTS
- FACE PAINTING
- MUSICAL GAMES

15:45-17:00 (8-12 YRS)

- TREASURE HUNT



Tuesday Summer day

09:30-11:00 | 11:15-12:45

14:00-15:30 (18 MONTHS-7 YRS)

- SUMMER CRAFTS
- TIC TAC TOE GAME
- MAKING BRACELETS
- DANCE MANIA

15:45-17:00 (8-12 YRS)

- TRADITIONAL GAMES
(IN THE PARK)



Friday Animal day

09:30-11:00 | 11:15-12:45

14:00-15:30 (18 MONTHS-7 YRS)

- ANIMAL CRAFTS
- MAKING MASKS
- FACE PAINTING
- MUSICAL GAMES

15:45-17:00 (8-12 YRS)

- TEAM GAMES IN THE PARK



Wednesday Sport day

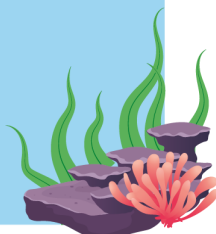
09:30-11:00 | 11:15-12:45

14:00-15:30 (18 MONTHS-7 YRS)

- BALLOON TENNIS
- PAPER FRISBEES
- I SPY SPORTS
- OBSTACLE COURSE

15:45-17:00 (8-12 YRS)

- TENNIS FUN GAMES



Saturday Hero day

09:30-11:00 | 11:15-12:45

14:00-15:30 (18 MONTHS-7 YRS)

- SUPER HERO CRAFT
- FACE PAINTING
- FUN & GAMES
- SUPER HERO SCAVENGER HUNT

15:45-17:00 (8-12 YRS)

- MAKE YOU OWN HERO (ARTS & CRAFTS)



Weekly Scheduled Activities



Info

Sports office: +351 289357132
sports@fscqdl.com